

Progress Report



जर्मन् नेपालीज हेल्प एसोसिएसन
German Nepalese Help Association

FY: 2075 - 2076

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1. Acronyms

AIN	Association of International Non-Governmental Organizations in Nepal
CDC	Curriculum Development Center
CEHRD	Center for Education and Human Resource Development
CN	Children Nepal
DALIT	So called Dalit Caste that considered as untouchable and socially discriminated in the earlier decades
ECCA	Environmental Camps for Conservation Awareness
EEC	Education Empowerment Center
ETC	Education Training Center
GNHA	German Nepalese Help Association
INGO	International Non-Governmental Organization
MGML	Multi Grade Multi Level
MMB	Margarete Mueller-Bull
NGO	Non-Governmental Organization
PRC	Plate Readable Copy
RCC	Reinforce Cement Concrete
SfD	Solidarity for Development
SIRC	Spinal Injury Rehabilitation Center
SMC	School Management Committee
SWC	Social Welfare Council
TLM	Teaching Learning Materials
TPD	Teacher Professional Development
TSC	Teacher Service Commission
WASH	Water, Sanitation & Hygiene

2. EDUCATION & TRAINING

a. Multi Grade Multi Level (MGML) Program

GNHA together with its partner organizations is committed to promote a sustainable improvement in the quality of tuition at state elementary schools towards achieving a child-oriented and individualized form of teaching that is geared to the way in which knowledge is acquired. The Multi Grade-Multi Level (MGML) Method is highly praised by experts worldwide who meet this ambitious requirement.

Bikashka Lagi Ekata(Solidarity for Development) and Education Empowerment Center (EEC) two locally registered and affiliated with Social Welfare Council (SWC) are implementing MGML pedagogy in Kavre, Sindhupalchok, Doalkha and Dhading districts in 97 community schools. GNHA through local partner organizations is intervening to improve the learning environment by setting up classrooms conducive to MGML, enhancing capacity of local education stakeholders, training of teachers in the pedagogy, preparing learning materials, providing learning materials including extra educational materials, sport materials, mobilizing local parents and giving opportunities to the taskforce group of teachers a platform where they can share and learn each other. The gradual change in the learning place and outcome of learning in children is observed in more than 5 years' experience of GNHA. The outcomes what has been seen in the classrooms has impressed to local level government. The consequence, Dhulikhel Municipality was so excited was ready to financially collaborate with GNHA for implementing MGML in 12 more schools in the municipality. The municipality agreed to finance more than 50 % of total project cost taking responsibility of classrooms set up and regular school supplies cost. This is a very encouraging symptom to GNHA that the essence of MGML has been realized by local stakeholders. The result of new project in Melamchi area of Sindhupalchok district in financial cooperation of Rotary Global Grant is being observed. Activities performing by teachers in the classrooms and learning achievement of children have been tangibly observed. The reaction of local parents groups is very positive; they are actively participating in school events. Apart from interventions in the schools, GNHA is also collaborating with CEHRD and CDC for developing learning materials, Teachers' guide, Curriculum of training package and manual for the trainers. More than 5 years experiencing with MGML, it is right time to carry out evaluation/study of program from the eye of third person. So, BikashShrot Kendra a independent institution is selected to carry out such study. It will take about 3 to 4 months of period to carry evaluation/study of MGML.

The followings are the major activities of MGML carried out during this fiscal year.

I. Classroom set up:

The structure of classroom in MGML pedagogy differs from the regular classrooms. It has to be set up conducive to MGML teaching learning environment where floor sitting arrangement, four low tables, place for keeping learning materials, display facility in varieties of ways, running board etc. are essentially required. GNHA set up 16 such classrooms in Dhulikhel municipality with in this period. Similarly 35 classrooms of existing MGML schools in four districts have been set up for running grade 4 and 5. 12 new book corners have been established in Dhulikhel municipality with relevant books. Similarly additional books to 85 existing schools in four districts have been provided including the books relevant to grade 4 and 5.

II. Teacher Training

Teacher training package of GNHA consist 4 different steps. Step-1 is to make teachers and school stakeholders familiar to MGML pedagogy and determining their role and responsibilities. Total 34 persons are trained during the year. The Step-2 is completely pedagogy training to the teachers focusing on subject wise teaching learning activities. Total number of 63 teachers trained in this fiscal year. The Step 3 and step 4 are reinforcing the pedagogy to the teachers. Total number of 106 teachers benefited with reinforcing training in the MGML pedagogy. Grand total number of 191 teachers and 12 SMC chairs has been trained in the MGML methodology during this fiscal year.

III. Equipments and consumables supply:

12 sets of equipments to 12 schools of Melamchi of Sindhupalchok district and 13 sets of equipments to the schools of Jiri and Suri areas of Doalkha district have been provided. A set of equipment consist sport materials, musical instruments, printer, laminator and audio set. 3190 sets of grade 1-3 students' workbooks and 768 sets of grade 4-5 students' workbooks provided during this period. Similarly stationeries and consumables cost to 85 schools provided for smooth operation of MGML classes.

IV. Cluster Workshop:

Cluster workshops in respective clusters are conducting regularly. GNHA staffs personally attended 54 cluster workshops and provided new ideas and methods of teaching learning activities to the working teachers of 4 districts.

V. Follow up(Coaching & Mentoring):

GNHA staffs are continuously visiting schools and providing needful support to the teachers in their respective classrooms. As the staffs are having heavily loaded obligations, target of visit days are not being able to meet.

VI. TLM Design and printing:

TLM design workshops for grade 5 have been carried out in September 2018 and January 2019 in Dhulikhel. Both workshops were joint effort of GNHA and CEHRD. GNHA contributed for logistic, stationeries and transportation and CEHRD contributed the per diem of participants. The working taskforce members were GNHA experts, working teachers, trainers from Education Training Center (ETC), Subject Experts form CEHRD and CDC. The designed learning materials converted in PRC. The subject experts reviewed the dummy copies and sent to press for printing. 100 sets of grade 5 TLM printed in two colours. 500 sets of students' workbook of grade five also have been printed. The press delivered the TLM of grade 5 at the end of April 2019. 35 schools have furnished the classrooms for grade 4 and 5 and have got grade 4 & 5 TLM and workbooks to implement from this academic year.

VII. Teacher Guide Development Workshop:

GNHA and CEHRD jointly conducted 7 days workshop to develop teacher guide in MGML methodology. The workshop model was same as grade 5 TLM design workshops bearing logistic cost, transportation and stationeries by GNHA and per diem by CEHRD for the participants. The same taskforce of TLM design was mobilized to write up teacher guide. The PRC of teacher guide is ready and CEHRD is requesting to GNHA for printing at least 200 copies of teacher guide.

VIII. Training Curriculum Development:

5 days Training Curriculum development workshop was conducted by GNHA and CEHRD from 27th February to 3rd March 2019 at Dhulikhel. The curriculum was designed aligning Teacher Professional Development (TPD) model which is one of the certified model of Education Training Center of Nepal Government. Total 30 days package with two of 10 days long face to face training and 2 of 5 days long project works are developed. Newly developed curriculum has been approved from the council of curriculum that is headed by Minister for Education, Science and Technology. Printing of approved curriculum is due. Writing of manual for teacher trainer is also in due.

IX. MGML in Melamchi

12 schools in Melamchi area of Sindhupalchok district have been taken up for MGML implementation with the financial support of Rotary Global Grant Fund. Local Rotary Club of Kaasthamandap, Rotary Club of Wiesbaden, Germany and Rotary International supported for classroom setup, capacity building of teachers, equipments and consumables as well as supportive monitoring. The deficit fund for full fledged of MGML implementation in those 12 schools was supported by GNHA Education fund. All 12 new schools' 17 MGML classrooms are set up conducive for MGML pedagogy. Out of 26 teachers, 21 teachers have completed all steps of training. 5 teachers who were absent in 4th step training due to their Teacher Service Commission (TSC) examination will be enrolled in next such batch. All teachers are practicing MGML teaching learning activities in their respective classrooms. 20 full days spent GNHA staffs for coaching and mentoring of teachers in their workplace. 17 sets of book corners with more than 100 sets of book relevant to grade one to three have been established and using the books in proper way with allocating book reading time. Additional educational materials such as letter blocks, geo boards, number blocks which require to supplement readymade TLM have been provided to all 12 schools. Hand puppets produced by Suryamukhi handicraft of Children Nepal is also a ingredients of educational materials that are meaningfully using in the classrooms while conducting role-play, drama and dialogue activities in language class. Equipments containing sound box, pendrive, laminator, photocopy printer also supplied in all 12 schools. Mother groups of all schools have formed and they are regularly meeting in their children's classroom in order to learn how their children are learning, how teachers are doing the best for their children's learning and how important to cooperate with school in school events. A practice of sharing and learning events are taking place among teachers in the cluster workshops. Total 12 such cluster workshops have been conducted within this year. The MGML program in Melamchi area has been observed by board members of SFD the implementing partner organization,

Under Secretary and Director of CEHRD, Mayor of Melamchi Municipality and members of Rotary Club of Kasthamandap.

X. MGML in Suri and Jiri:

The same model of project is adopted in Jiri municipality and Gaurishankar Rural Municipality of Dolakha district in cost sharing basis with municipalities. The municipalities have taken the responsibility of bearing partial cost for classrooms set up and regular consumables supply. Trainings and other technical inputs including supply of educational materials and equipments is part of GNHA contribution. 10 Classrooms of 8 schools of Jiri municipality and 6 Classrooms of 5 schools of Gaurishankar Rural Municipality have set up conducive for MGML pedagogy. 26 teachers have been trained in the pedagogy of MGML. Out of which 22 teachers have been completed whole package of MGML teacher training package. 4 teachers who could not attend step 4 training due to their Teacher Service Commission exam will be enrolled in next such training. Necessary TLM and students' workbooks distributed prior to start up the MGML class. Book corners have been established in all classes. Equipments and additional educational materials supplied to all schools. Mother groups in all schools have been formed and mobilizing them in regular meetings that are taking place every month in their respective children's classroom. Cluster workshops in the clusters are taking place where teachers are sharing and learning. Technical inputs in the workplace of teachers from the trainers and field officer is being carried out to strengthen capacity and skills of teachers. The impression of MGML practice in those schools found positive towards local entity, parents group and among teacher community.

XI. MGML in Dhulikhel:

One of the good models of MGML program has been kicked off from this year in 12 schools of Dhulikhel Municipality with encouraging financial collaboration from municipality. The budget share of above 50 % has been committed by municipality. And the municipality has agreed to transfer the fund in basket fund of implementing organization Education Empowerment Center for project expenditure that is being implemented. 15 classrooms of 12 schools have set up after completion 1st step training-Orientation of MGML to school stakeholders. In the month of April just prior to new session start, 10 days long residential training to the teachers has been conducted. Grade 1-3 TLM was provided immediately after completion of teacher training so that they would be able to arrange the TLM in the shelves. The classes have been started in all schools. Dipak Rokka from EEC is continuously visiting schools for providing technical support to the newly trained teachers. GNHA and EEC, Kavre have a good opportunity for working in such a cooperative and collaborative environment of local entity as well as also have challenges to bring changes in mindsets of old aged leader-teachers who are key persons to make this project success. Whatsoever, GNHA and EEC teams are fully dedicated and committed to make this project success so that it can be a show piece project of MGML in easily accessible area.

b. MMB Training Center

MMB Training Center is a multi-purpose building for all kinds of trainings. It is established in 2016 by German Nepalese Help Association (GNHA). It is located in Badalgaun which is only 8 km beyond from Dhulikhel in Kavre district. The facility is operated by Education Empowerment Center (EEC) Kavre, one of the local partners of GNHA.

The main hall (82 sqm) on the upper floor can be used in various ways. It is particularly suited to train teachers in Multi-Grade Multi-Level (MGML) pedagogy with its specific classroom layout. The training hall can be quickly rearranged for conference or seminar use. The center is equipped with state of the art technology.

The MMB training hall has been utilized 50 full days for teacher training and 5 days by Cooperative of Jiri Municipality this year. The trainees were resided in private houses in the village where 15 houses are developed with minimum standard of home-stay facilities.

c. ANNEX Building of MMB Training Center:

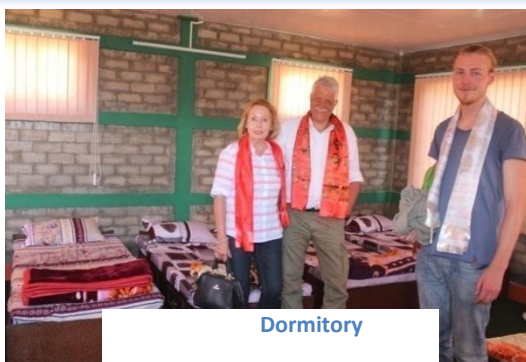
In cooperation of MMB Foundation, Stuttgart, Germany, GNHA constructed the Annex building of MMB Training Center. The Annex building is constructed using diverse technology and materials. Foundation is constructed with stone cement masonry, the wall above the plinth level is constructed with interlock bricks. The building with TRUSS structure; slab is casted with heavy metal reinforcement with PCC casting. The protection wall is constructed with the sacks of earth filling. The Annex building is used for store, dinning for the trainees for their day snacks and dormitory space while extremely busy occupancy.



MMB TC Annex Building



Dinning



Dormitory



Store

Newly constructed building jointly inaugurated by Mr. Andreas Falk the President of GNHA and Mrs. Heide Rolfs Vice-President of GNHA in the month of April, 2019.

3. PUBLIC HEALTH

a. Ful Maya B.K



their gold ring as security.

For various investigations like Endoscopy, Biopsy and blood test, poor patient fund was used, as per need.

On examination, she had **3.3 cm sub mucosal mass** in anterior wall of stomach along lesser curvature was found. After ultrasound and Endoscopy, the patient is diagnosed as Stomach GIST. To save the life of Ful Maya B.K, Dispensary helped her with full focus with frequent updates about her health status. We provided each and every medicine and surgical items needed throughout her treatment. We approached to the Director of Bir Hospital for full concession on Blood test, Ultrasound and Endoscopy. After a month of treatment, her condition started to get normal and finally she was discharged in February, 2019. Before going back to her home, she came to us for medicines and she thanked us for all the supports provided during her treatment. Her eyes were full of happiness tears while saying goodbye to us.

We would also like to thank Bir Hospital director, doctors and nurses to work in close relation with us to give a new life to her. This case was a real success story for GNHA, Christine's Mobile dispensary of Dhading.



-A success story on follow up patient found in Mobile Health Camp

b. MOBILE HEALTH CAMP

Ful Maya B.K. a patient found during health camp who was referred for further treatment is representing a story how people living in the remote are reluctant to visit big hospitals in the cities. One must arrange minimum Rs. 50,000.00 otherwise much more to treat even in the hospitals in the cities. It includes traveling and logistic cost apart from medication. Many such patients are still lying in their home villages with severe diseases even though, Dispensary staffs are regularly in contact with them and trying to convince them to come to Kathmandu for further treatment. Other normal diseases are being cured in the health camps such as dental problems, gynecological problem and other general health problems. Three events of such health camps have been conducted in Dhading, Sindhupalchok and Dolakha districts till to date. Total 3765 patients attended for health facility during 12 working days of mobile camps. The attendees benefitted with health check up, medicines and awareness on personal health, hygiene, sanitation and proper use of medicines. The cooperation and collaboration with local level government found good in some local levels where pre-meetings hold with planned way. And least participatory of local levels found where such meetings took place lightly. However, mobilization of local volunteers and health workers, making publicity of health camps and direct involvement of local bodies were appreciable in all camps. Some local governments such as Gaurishankar Rural Municipality of Dolakha district and Netrawoti Dabjong Rural Municipality of Dhading were very cooperative to mobilize other health workers for eye check up and local doctors in their own cost. Even the logistic cost for our medical team was borne by the rural municipalities.

c. Kul Bahadur Khatri

Kul Bahadur the patient with foul smelling discharge from right leg, was admitted to Bir Hospital. He has a small family of 5 members (1 daughter and 2 sons) living in a far western region of Nepal, in a small village of Banke district. He is accompanied with



his son and wife in hospital. On inquiring, dispensary team came to know that his elder son abandon them and is not helping them anymore. For livelihood, Kul Bahadur used to work in India as a road cleaner.

Case presentation

In the beginning, he has a small wound which gradually increases in size forming multiple blister which ruptures spontaneously and the size of wound was increasing day by day followed by foul smell discharge.

Since, the progression of wound is not stopped by the general medicines bought from local medical stores. Then they ran towards the Bheri Zonal Hospital where the preliminary treatment was given and referred to Bir Hospital.

Helping the case

The dispensary team approached to the following case during ward visit as suggested by matron. The dispensary team then talked with his son about the patient condition, disease history and family background. After a short talk, he was advised to visit Christine's Dispensary for medicines and surgical items.

Similarly, the dispensary team also talked with the doctors regarding the plan for the treatment of patient and doctors told that the patient has to go for below knee amputation of right leg. Then the In-Charge of dispensary told the doctors that Christine's Dispensary will provide full help for his treatment and the doctors became ready for his operation.

The day with happiest smile

On 2075/4/1, a happiest moment came in the life of "Kul Bahadur Khatri" because he was discharged from Hospital. While leaving the hospital, they came to our Dispensary for medicines and gave a lot of blessings to the Christine's Dispensary. This moment to bring a smile in a life of Kul Bahadur Khatri once again proves that the dispensary is indeed doing a great job for helping such a poor and needy patient.

-A success case of GNHA, Christine's Dispensary

d. GNHA, Christine's Dispensary

24099 patients attended Bir Hospital for treatment served from regular Dispensary at Bir Hospital during this fiscal year. Out of which 10184 are admitted patients and rest are out door patients and emergency patients. The strategy of reducing chronic outdoor patients and increasing quality of service for poor needy patients who are admitted in hospital is being materialized. It has been notified to the regular chronic outdoor patients that such service for outdoor patients won't be continued in the future. And quality of service to indoor patients is being increasing scrutinizing poorest of the poor. Regular ward visit, interaction with doctors and nurses are continuously carrying out for screening of real poor patients. Story of Kul Bahadur Khatri is an example of such poor patients benefited from GNHA, Christine Dispensary. Poor Patient Fund is being utilized to the patients alike Kul Bahadur and Ful Maya. Some poor patients who have been undergone in cardiac surgery, kidney transplantation and

chemotherapy also benefited from the poor patient fund. Total number 21 patients received such kind of service during this fiscal year.

4. PROTECTION(Rehabilitation/Social Welfare)

a. A case of Kunjani Pyasi Pariyar (Advocate) based on her interview

“If Children Nepal was not there, I could have become street child or a servant in someone’s house, Now, I am an advocate.”

It was in the year 2004, my mother was struggling for hand to mouth and shelter. She used to visit farm field of farmers to collect vegetables and sell them in the nearby market carrying in DOKO. As my



younger brother was only three years old, she used to carry him along with her wherever she goes. Sometimes, I used to bring him to my school which was really tough for me as he cries and my teachers scold me. Actually, my father pushed us in such a desperate condition. He used to work in Pokhara Radio station as a temporary employee. One day, he went to Kathmandu to find a better job. Then he started living in Kathmandu. Gradually, he reduced his contact with us. Later, my mother found out that he married with another woman and started living together. After sometimes, he fully cut off his contact with us. Till now, we don’t know where he is.

In this situation, I was so sad and somehow mentally disturbed. I was an average student of grade six. Nearly, I was about to quite my study. I do still remember those days how I used to be discarded and discriminated by teachers and classmates as being a Dalit Caste and desperately poor. In the meantime, Mr. Sachin, field staff of Children Nepal came in contact of my family. He made a contact of my mother to Madam Sharada Sharma of Children Nepal. She studied our family situation. Six months later, I knew that I was enrolled in Dalit Girl Education Program of Children Nepal. They started supplying me school uniform, books, stationeries, school fee and other necessary school supplies. I started studying hard with the aim of becoming a nurse. I always stood first position in my class. In the mean time, my mother also started attending parents’ meeting in Children Nepal. She has also learnt many important things from Children Nepal. The most important thing what she had learnt from the meetings in Children Nepal was that she was not alone surviving in such a difficult situation. She had made so many friends in Children Nepal having even worsened situation than her. She became the member of saving group of Children Nepal. She had an opportunity to lend money from the saving group from what she could scale up her vegetable selling business. She started earning better and has been able to save some. She admitted my brother in a English medium school with 50% fee off. I also continued my study. After having passed 12 grades, my aim switched to study bachelor in law which I successfully completed. Now,

I have registered a law firm named “Nya Kunj Legal Associates” in Pokhara and doing advocacy for the people especially, children and deprived women. Side by side, I am also continuing my study. I have completed 1st year of Master Degree in Political Science and studying in 2nd year. It is Children Nepal and German Nepalese Help Association that brought drastically change in my life. It is Children Nepal that empowered me to attend in different platforms and given opportunity to express my views. The consequence, I visited Prime-Minister of Nepal in his office in 2008 and presented the emerging issues of girl children. I am still struggling to stand my own, but I have a strong will to sponsor some children of Children Nepal from the situation of alike mine in the future.

Kunjani Pashay Pariyar

Advocate, Nya Kunj Legal Associates, Pokhara.

b. Children Nepal

There are so many Dalit Girls who exemplary showed their carrier development educated by Children Nepal in support of GNHA. A young man Ayush Pariyar performed number of songs during inauguration of Fulbari Resource Center of Children Nepal. He was educated in support of CN, even his desire to become a folk singer was fulfilled through the support of Children Nepal. He was so obliged to CN for what they have done for his carrier development. Now, he is one of professional singer. 170 Dalit Girls from slums, squatter and poor DALIT community areas of Pokhara are having school education and higher education in support of GNHA. Apart from formal education, family counseling, saving cooperatives, children’s outing, extra tutorial classes, carrier goal setting workshops are integral part of Children Nepal’s interventions to boost up the potentialities of Dalit and marginalized children.

c. Spinal Injury Rehabilitation Center

Spinal Injury Rehabilitation Center (SIRC) located at Sanga in Kavre district is providing rehabilitation service to the patients who are spinally injured. The patients who injured from fall from the height, especially while collecting fodder for cattle from the tree or slope land mostly go in spinal injury. In the first hand, they undergo treatment of orthopaedic or neurological and then finally they refer to undergo rehabilitation. The recent data of SIRC indicates traffic accidental case is also one the major causes for spinal injury which is increasing day by day. Various therapies, occupational, speech, physical etc. are provided from SIRC. Such therapies and rehabilitation process requires long time which is costly and cannot afford their stay in the center by poor patients. GNHA is providing charity for such patients tentatively sponsoring 4 beds in SIRC. The SIRC is submitting update reports of their activities in regular basis.

5. Reconstruction:

The reconstruction of schools project that started from December 2015 after completion of relief and rehabilitation work of mega quake is in the stage of end point. Kindermissionwerk-Die Sternsinger and other benevolent donors of GNHA sponsored projects those were back logged continued during this fiscal year. Some projects were in progress of construction and some projects were in due to start. The

projects those were in work projects have been completed and handed over to respective schools. A project of RRC module of Bhim Secondary School in Dolakha district has been started. Preparation for first floor slab caste is in progress. The work of Phulapa School construction which was lingering due to various unexpected circumstances resumed the work and expected to be completed within this fiscal year. The final finishing work of Bhim school may continue to next fiscal year. The rest of the reconstruction project that was planned for this fiscal year has been completed. The following matrix indicates the recent work progress of whole reconstruction project from the begging of the project to till date.

Reconstruction Progress Matrix from beginning to the end of fiscal year 2075/76:

Modules	Rooms	Project Status
44	104	New project completed both Truss and RCC modules
24	58	Repair completed both Truss and RCC modules
3	10	Under new construction (2 truss modules and 1 RCC modules)in Dolakha district

a. School WASH:

It has been over four years of devastating earthquake in Nepal, entire country mechanism including non-



governmental sectors rigorously involving in reconstruction of private and public buildings. Though, satisfactory result in private shelter reconstruction is meager in compare of public buildings reconstruction for what non-governmental sector was massively involved. GNHA plan for reconstruction and rehabilitation of buildings of partner schools is at the end point now. The second priority of school WASH which is

an integral of school sector was GNHA focus during this fiscal year. So, an assessment for school WASH was carried out before the start of this fiscal year. And planned to support student friendly toilets, water supply with hand washing spot, distribution of water filters for safe drinking water and awareness lessons on personal health, hygiene, sanitation and proper use of essential medicines were the major components of GNHA school WASH program. ECCA a local partner NGO was selected as implementing organization. ECCA is one of GNHA partner organization which successfully completed school reconstruction project in the past years. The health consultant Mr. Sannu Ahmed conducted health and hygiene education to the children, teachers and mothers of partner schools.

Numbers of toilet construction with water supply have been completed and some are under construction. Some are remaining to be started. Water filters with silver coated candles have been distributed to schools with orientation how to fit and daily operation of it.

The health education is aimed to educate parents and caregivers on providing healthy nutrition, developing healthy habits and encouraging active lifestyles to future generations. This program intends to involve parents and teachers to ensure that children have access to healthy foods—more fruits, vegetables, and whole grains—and consume fewer calories from processed foods. Apart from it it is to ensure that children get physical activity in schools and have knowledge about importance of personal hygiene.



b. Awareness in AWSH:

The health education program for mothers group is implemented for GNHA partner schools at Dhading, Sindhupalchowk, Dolakha and Kavre in this fiscal year (2018/19).

Before initiating the program in schools, the content was first demonstrated to the teachers during their training session in MMB Training Center. At the same moment, we also discussed about the suitability and fruitfulness of such classes to mother's group. The response from the teachers was very positive and



told us that it will have a motivational impact on mothers to bring healthy behavioral change in children.

Then the health education was given to mothers group at different timeframe in various MGML schools. Till date, 40 schools were visited and educated to 1004 parents and school teachers. During these visits to schools, first thing was used to observe is "Toilet sanitation" because it is one of the most important sites for spread of disease. In the case, if the toilet is found to be not clean, teachers are informed and advised to

keep the toilet clean as much as possible.

Subsequently, the health education content was delivered to mothers in an entertaining way. The session was made very interactive through active participation of mothers. During the session, the mother's knowledge on the topic was first assessed and then reviewed.

Findings:

The health, hygiene, Sanitation and nutrition educator has also assessed the awareness situation of project are population. His findings are given bellow.

- Most of the mothers knew about importance of hand washing but steps are not following properly.
- They have poor knowledge relating to dental cleaning techniques.
- They are not aware of bad effects due to excessive use of processed food.

Some solutions and impact of health education have also reported by health educator as given in the box bellow.

SOLUTIONS

Keeping these points in mind health education was given in an easiest way as much as possible.

After completion of session, some plans had been kept forward that could be useful in schools like;

- To make a day meal schedule for bringing uniformity in tiffin
- To make some rules in schools for mothers as well as children to stop sending money/junk food.
- To include tiffin and personal hygiene topic as a regular assignment in daily mirror session.

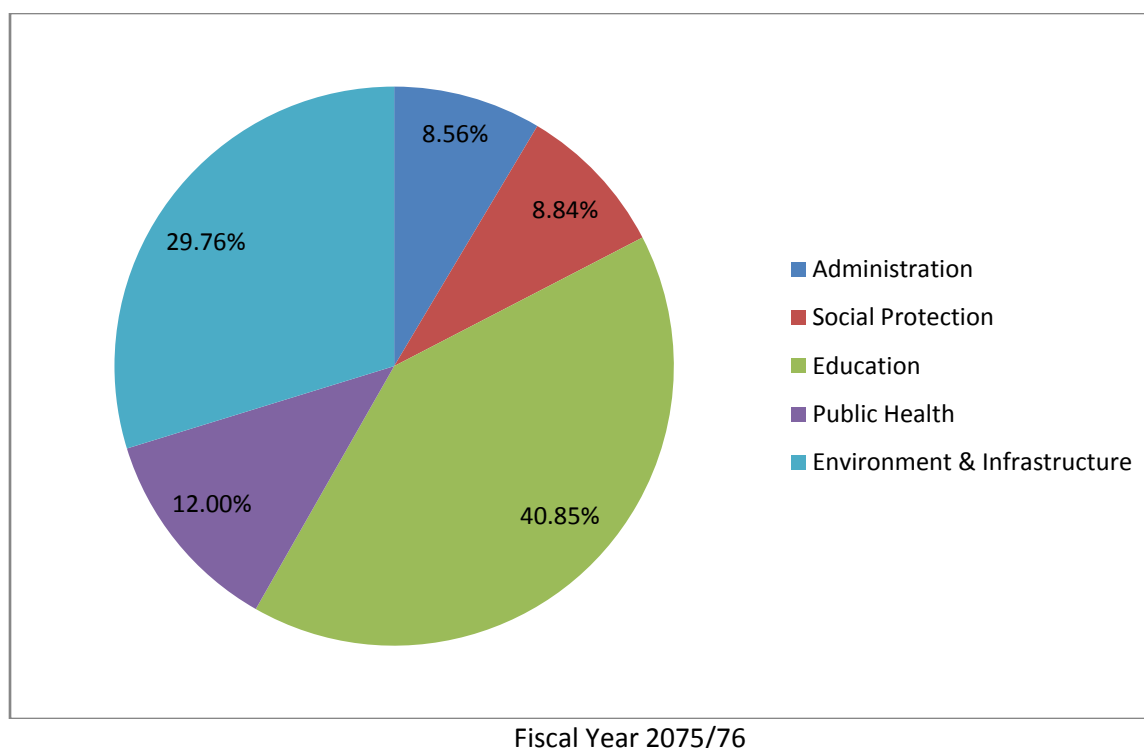
IMPACTS OF HEALTH EDUCATION

During schools monitoring, it has been noted that;

- Some of the schools have completely stopped Junk food
- Some schools have prepared day meal routine of good foods
- Students use to wash their hand before eating day meals

6. Finance & Others:

Financial audit of previous year has been carried out within the timeframe and submitted to concerns line agencies including GNHA headquarters. The auditing of this fiscal year is undergoing. However, the a glimpse financial expenditure for the year is given in the pie chart bellow.



Social Auditing for the fiscal year 2075/76 was carried out on 5th July 2019. The program was chaired by Country Representative of GNHA Mr. Kedar Tamang and the chief guest was Mr. Rajendra Kumar Paudel Member Secretary of SWC. The renewal process of General Agreement with SWC is still in progress. The midterm evaluation of GNHA development program was carried out and the report has been already submitted the evaluation team with findings and recommendations. The project advisory committee meetings in central level and District/Municipality level are being conducted regularly. GNHA projects are being revisited and in lining as per the recommendations and advises that provided by the advisory committee meetings. Joint monitoring of the projects coordinating with local and central level line agencies have been carried out.

7. Conclusion:

The GNHA programs according to action plan that prepared at the very beginning of the fiscal year has been completed in the timeframe. Some projects i.e. construction of Bhim School and Phulapa school in Dolakha district are being to and fro due to tiny unexpected circumstances. Numbers of schools buildings in Dhading district have been handed over by GNHA Vice-President Dr. Richard Storkenmaier and his better-half Dr. Karin Storkenmaier during their visit in the month of October 2018. They also observed mobile health camps in Semjong and Katunje of Dhading. Mr. Andreas Falk GNHA President handed over numbers of reconstructed school building buildings of Dhading and Sindhupalchok districts during his visit in March 2019.

The dialogue with provincial government of province 3 has not been yet materialized. We are still in planning of such dialogue inviting provincial and federal governments.

We would like to extend our sincere gratitude GNHA boards especially Mr. Andreas Falk for his rigorous tireless effort for making GNHA programs in right direction. Similarly to the members, individual donors and cooperating organizations of GNHA i.e. Kindermissionwerk-Die Sternsinger, Nepalhilfe Aachen e.V.,

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Kedar Tamang
Country Representative
German Nepalese Help Association
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