

## Christine Dispensary- NAMS, Bir Hospital -Fact sheet

<b>Founded 1979</b>	By <b>Sister Christine Hoffmann</b> during her volunteer work in Nepal.
<b>Located at</b>	Within the premises of the National Academy of Medical Sciences, Bir Hospital, Mahaboudha, Kathmandu, Nepal. E-mail: <a href="mailto:dispensarydnh@gmail.com">dispensarydnh@gmail.com</a> Tel: 01-4221988 ext.372
<b>Objective</b>	Making available free medicines & surgical goods. Originally by collecting left over drugs from trekkers and through cash and kind donations from individual donors and from institutions (e.g. GNHA)
<b>Target People</b>	<ul style="list-style-type: none"><li>• Sick persons seeking treatment at Bir Hospital (indoor and outdoor patients) who cannot afford prescribed medicines</li><li>• Caring for patients in the Burn Unit (dressing &amp; skin grafting)</li></ul>
<b>Changes in 1992</b>	<b>GNHA</b> took over the management and full funding
<b>Core activities</b>	<ul style="list-style-type: none"><li>• Procurement of medicine as per essential drugs list, authorized by the Department of Drugs Administration of Nepal</li><li>• Keeping always sufficient level of stock</li><li>• Distribution of medicines &amp; surgical goods according to the prescription of doctors</li><li>• Payment of clinical investigations</li><li>• Supply of food &amp; supplements to needy patients and their caretakers</li><li>• Support to patients of other Government Hospitals with free medicine</li><li>• Managing the Poor Patient Fund for extraordinary treatment costs</li></ul>
<b>Additional activities since earthquake 2015</b>	<ul style="list-style-type: none"><li>• Organizing Mobile Health Camps in collaboration with local governments in mountainous districts.</li><li>• Health Education and Counseling in dispensary, health camps, schools and mother groups</li><li>• Co-ordination with different organizations and local governments</li><li>• Collection of medicines from different organizations as donation</li></ul>
<b>Changes in 2016</b>	<b>Solidarity for Development (SFD)</b> – implementing partner of GNHA took over the management
<b>Origin of drugs/suppliers</b>	Domestic market
<b>Number of patients served</b>	<ul style="list-style-type: none"><li>• From 1993 to 2022 in total 634.832 patients, including 343.072 indoor and 291.751 outdoor patients</li><li>• Daily 100 patients are served in average</li></ul>

- In 2023 Jan- June Total patient was 9.002 including 6.362 indoor and 2.640 Outdoor patients
- In 2023 Jan- June Total cost Nrs.3.905.987,00
- Average cost per patient 433,90
- Daily 60 patients are served

**Staff**

**3 Full time employees**

- In-Charge: Ekraj Sapkota , Bachelor in Pharmacy, working since 2016
- Assistant Pharmacist: Raju Bishwokarma, Diploma in Pharmacy, working since 2005
- Project officer: Anish lamichhane, Bachelor in Public Health, working since 2023

**Volunteers**

Till date: 50 short-term and long-term volunteers trained

**Total Health Budget**

Nrs. 15.635.900,00 (2022/23)  
Nrs. 16.836.024,14 (2023/24)

**Funding**

**DNH** (Medicine, PPF, Mobile Health Camps, Salaries, Administration)  
**Nepalhilfe Beilngries** shares 30 percentage of the costs (30.000 Euro)

**Poor Patient Fund (PPF)  
Objective**

Financial help and personal care for patients requiring costly, often lengthy treatments

**Target People**

- Serious cases with exhausted or limited resources at Bir Hospital
- Average financial support Nrs. 25.000 / patient
- Within a period of 16 years 2095 poor patients were helped for major surgery and treatment costs.
- Year 2023 Jan June Patient 15 and cost 415.000

**Budget**

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**Mobile Health Camp**

**Objective**

Providing opportunities to see general and specialized doctors and to get medicine and health advice

**Target People**

General public particularly women, children and elder people in remote areas without access to regular health care services

<b>Coverage Districts</b>	Kavre, Sindhupalchowk, Dolakha, Dhading, Ramechhap, Sindhuli, Makawanpur, Chitawan, Nuwakot and Rasuwa
<b>Number of Health Camp (2015-2022)</b>	34 camps covering 92 locations
<b>Total Beneficiaries (2015-2022)</b>	30.296 patients
<b>Cost for 3 Camps in 2022/23</b>	1.267.398.85
<b>Health Camp in 2022/23</b>	3 camp covering 8 location
<b>Beneficiaries 2022/23</b>	3.632,00 patients
<b>Average cost per patient</b>	Nrs. 348,95 = EUR 2,68
<b>Number of Eye surgery camp(2022) Beneficiaries</b>	1 camp for 2 days 38 cataracts and 2 Pterygium Patient Nrs. 96.684,05
<b>Cost for Eye Surgery Camp 2022/23</b>	2 camp for 4 days 38 cataracts and 2 Pterygium Patients
<b>Eye surgery camp 2022/23 Beneficiaries</b>	Nrs. 2.390.797,50 *Will Update from Dhulikhel hospital
<b>Cost for Siling Procurement 2022/23</b>	
<b>SUI Performed 2022/23</b>	
<b>Remarks</b>	<ul style="list-style-type: none"> <li>• Since 2017 local health departments of the R/Municipalities in the Districts support management costs; food and lodging, local health workers, advertisement</li> <li>• From 2019 to 2020 Retina Support Nepal has joined hands and take care of ophthalmologic patient</li> <li>• Since 2019 Om Chabahil Dental Hospital has joined hands and take care of dental patient</li> <li>• Started Eye Screening and Eye Surgery camp in collaboration with Netrajyoti Sangh , Kirtipur (Year 2021)</li> <li>• Started Sling operation in collaboration with Dhulikhel Hospital (Year 2022)</li> </ul>