

**Fact sheet**  
**Spinal Injury Sangh Nepal**  
**Spinal Injury Rehabilitation Centre**

<b>Founded in 2002</b>	<p>Spinal Injury Sangh Nepal (SISN) was founded in 2002 by Kanak Mani Dixit after a tragic trekking incident. Whilst, the civil right activist, Mr. Dixit, was trekking around the Annapurna Region, he fell down a Cliffside and sustained a spinal cord injury. After a short year of heartache and trauma, Mr. Dixit managed to completely recover and give back to his newfound community by registering Spinal Injury Sangh Nepal. The founding members of the SISN represent a cross-section of prominent and socially conscious individuals from Nepali society. SISN runs two major projects: Spinal Injury Rehabilitation Centre (SIRC) and the Vocational Opportunity for Inclusion to Community and Employment (VOICE) Centre. In addition to these two projects, SISN runs several short-term projects funded by development agencies and embassies.</p> <p>Spinal Injury Rehabilitation Centre was inaugurated by Late Sir Edmund Hillary in April 2002 to fill the empty void that existed in the public health sector of Nepal. Dr. Shanta Dixit is Chairperson of the Executive Committee of SISN at present.</p>
<b>Located at</b>	<p>From 2002 to 2007, SIRC was located on the premises of Nepal Apanga Sangha, in Jorpati, Kathmandu, and later moved to our own facilities, in Sanga, Kavre, on November 23, 2008. E-mail: spinalnepal@gmail.com ,info.sirc2002@gmail.com , eshthapa@hotmail.com</p>
<b>Contact Details</b>	<p>Tel: 011-660847/48</p>
<b>Vision</b>	<p>To become a nationally and regionally recognized center of excellence in neuro-rehabilitation and comprehensive spinal cord injury rehabilitation services, training, and research.</p>
<b>Mission</b>	<p>To enable people with spinal cord injury (SCI) and neurological problems to realize their rights to live as independently as possible in their communities, through Appropriate physical, social, economic, and psychological rehabilitation measures; Advocacy and awareness, Training, and skills.</p>
<b>Objective</b>	<ul style="list-style-type: none"><li>• To strengthen the organizational capacity, systems, and procedures of SISN in order to support effective and efficient functioning of all SISN programs and projects</li><li>• To provide comprehensive SCI and Neurorehabilitation services focusing on long-term physical and psychological well-being and socio-economic inclusion</li><li>• To increase the quality and coverage of comprehensive rehabilitation services in other parts of Nepal in partnership with the Government and other organizations with a strong focus on Public Private Partnerships</li><li>• To establish training and development programs that proactively support human resource capacity development within the rehabilitation sector in Nepal.</li><li>• To engage with government and other organizations in advocacy, awareness and policy development initiatives aimed at increasing services and opportunities for people with disabilities in Nepal</li><li>• To collect appropriate data and conduct research aimed at informing the continuous development of policy, services and programs for people with SCI and other disabilities</li><li>• To initiate new projects consistent with SISN constitution, vision, mission and objectives</li></ul>

<b>Target People</b>	Persons with Physical disability and primarily targeted to People with Spinal Cord Injury and brain injury. 4000 plus patients received comprehensive rehabilitation services from SIRC run by SISN from 2002 to July 2023.
<b>Coverage</b>	77 district of Nepal.
<b>Human Resources</b>	75 medical and non-medical staff are working at SIRC. Physical Medicine and Rehabilitation specialist doctor is leading clinical services at SIRC.
<b>Budget</b>	A tentative Annual budget NPR 5,50,00,000.00 is required for SIRC Operations.
<b>GNHA Support</b>	<p>GNHA provided the following support in the fiscal year 2022/2023 (2079/2080)</p> <ul style="list-style-type: none"> <li>• Five patient sponsorship for rehabilitation services at SIRC (<b>Beneficiaries are; Anita Yadav, Basanti Damai, Srijana Sarki, Gopi Gharti, and Manisha Magar</b>)</li> <li>• Ten home modifications (Toilet) of people with SCI in different locations of Nepal (<b>Beneficiaries are; Tek Bahadur Ghising, Uma Bhandari, Aman Chaudhary, Sapana Nepali, Ghanashyam Thapa, Danda Bahadur Rokka, Nirmala Karki, Narendra Pudasaini, Tika Prasad Pandey and Sushil Karki</b>)</li> <li>• Model toilet and kitchen renovation at SIRC.</li> </ul>
<b>Earthquake Response</b>	<ul style="list-style-type: none"> <li>• Community home Visit support to 404 Ex- Patient of SIRC</li> <li>• Holistic rehabilitation was provided to 132 people with SCI.</li> <li>• Training was provided to 148 health workers.</li> <li>• The institutional follow-up to 105 Ex-patients.</li> <li>• 107 Care-takers were trained.</li> <li>• Peer Group training to 129 SCI.</li> <li>• 50 Nurses were trained on neuro rehabilitation.</li> <li>• Awareness camp to more than 2000 general population.</li> <li>• 30 patients received vocational training packages.</li> </ul>
<b>COVID-19 Response</b>	SIRC provided COVID-19 isolation service for 130 COVID positive cases from August 2020 to June 2021 which includes SCI patient, their caretakers, and staff.
<b>SIRC Services</b>	<ul style="list-style-type: none"> <li>• Medical care, nursing care, physiotherapy, occupational therapy, diagnostic services (lab, x-ray), sports and recreational activity, urology Services, Social Services, wheelchair Services, psychological, and peer counseling, disability right session, follow-up programs: patient's home visits, wheelchair follow up, Home modification advise, Telerehabilitation consultations, Caregivers Training.</li> </ul>