

Logical Framework Matrix (2025–2030)

German Nepalese Help Association (GNHA) – Health Projects in Nepal

| Narrative Summary | Objectively Verifiable Indicators (OVIs) | Means of Verification | Assumptions and Risks |
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| Goal Contribute to improved health and well-being of underserved populations through access to essential care and health education in line with SDG 3 and Nepal's 16th five year Plan. | <ul style="list-style-type: none"> Improved health indicators in target areas Reduction in untreated chronic conditions among economically vulnerable patients Increased knowledge and practice of preventive health behaviors in schools | <ul style="list-style-type: none"> Government health reports Project baseline, midline, and endline evaluations School assessments Case documentation and patient records | <ul style="list-style-type: none"> Political and policy environment remains supportive No major health system collapse or disasters disrupting service delivery |
| Purpose/Outcomes | | | |
| 1. Underserved patients receive free access to life-saving medicines and support for chronic/high-cost treatment through Christine's Dispensary | <ul style="list-style-type: none"> No. of patients receiving free medicines annually (target: 15000 per year) No. of patients supported with financial aid for critical treatments (ceiling: NRs. 30,000 per patient).... Improved treatment adherence and patient recovery | <ul style="list-style-type: none"> Dispensary records Financial support records Doctor referrals and feedback Photos and Videos | <ul style="list-style-type: none"> Continued collaboration with Bir Hospital and medical staff Availability of essential medicines |
| 2. School and community members in Kanchanpur and Kailali adopt improved health, hygiene, and nutrition practices | <ul style="list-style-type: none"> No. of schools and groups reached (target: 40 schools, 20 community groups) % improvement in student health knowledge from pre-post tests (target: $\geq 30\%$) No. of focal teachers, FCHVs, and students trained (target: ≥ 200 over 5 years) | <ul style="list-style-type: none"> School assessment tools Pre/post-test results Training reports IEC distribution logs Baseline survey reports | <ul style="list-style-type: none"> Schools remain open and cooperative Communities remain engaged throughout the project cycle |
| Outputs | | | |
| Christine's Dispensary | | | |
| 1.1. Medicines and basic surgical drugs provided to needy patients | <ul style="list-style-type: none"> Quantity and types of drugs provided annually Stock-out rate kept below 15% | <ul style="list-style-type: none"> Stock inventory Beneficiary database Monthly reports | <ul style="list-style-type: none"> Continued supply chain and donor support |

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| 1.2. Poor patient fund support up to NRs. 30,000 provided to patients undergoing costly chronic treatment | <ul style="list-style-type: none"> • No. of patients financially supported • % of total support utilized vs. allocated | <ul style="list-style-type: none"> • Financial disbursement records • Verification forms • Case documentation | <ul style="list-style-type: none"> • Eligible patients are identified and verified properly |
| Healthy Habit Project | | | |
| 2.1. Baseline, midline, and endline surveys conducted in schools and communities | <ul style="list-style-type: none"> • Surveys completed as scheduled in Year 1, 3, and 5 • Data analyzed and used to adapt program | <ul style="list-style-type: none"> • Evaluation reports • Shared learnings with local govt | <ul style="list-style-type: none"> • Schools and stakeholders participate in surveys |
| 2.2. Health education and WASH interventions implemented in 40 schools | <ul style="list-style-type: none"> • No. of health education sessions delivered • No. of schools supported with WASH materials • No. of extracurricular health events held | <ul style="list-style-type: none"> • School reports • Field coordinator reports • IEC logs and event reports | <ul style="list-style-type: none"> • Schools allow regular access for activities |
| 2.3. Teachers, students, and FCHVs trained on key health topics | <ul style="list-style-type: none"> • No. of participants trained by category (target: min 200) • % of trained individuals actively facilitating sessions | <ul style="list-style-type: none"> • Training attendance • Follow-up monitoring reports | <ul style="list-style-type: none"> • Trained focal persons stay in their roles |
| 2.4. IEC materials developed and distributed | <ul style="list-style-type: none"> • No. of materials produced and distributed (target: 5,000+) • Feedback on usefulness and understanding | <ul style="list-style-type: none"> • IEC production logs • Field reports and feedback | <ul style="list-style-type: none"> • IEC remains contextually relevant and culturally sensitive |
| Activities | | | |
| Christine's Dispensary | <ul style="list-style-type: none"> • Maintain drug inventory and stock management • Provide medication as per doctor's prescription • Identify patients needing financial aid • Disburse funds (up to NRs. 30,000) • Record and report patient data monthly • Hospital Round Visits | <ul style="list-style-type: none"> • Dispensary records • Coordination minutes • Annual reports | <ul style="list-style-type: none"> • Ongoing coordination with Bir Hospital • Timely fund flow from donor |
| School & Community Program | <ul style="list-style-type: none"> • Conduct baseline surveys • Select schools and community groups • Train focal teachers and FCHVs • Develop/distribute IEC materials • Conduct sessions on WASH, MHM, nutrition, first aid • Organize learning-sharing meetings | <ul style="list-style-type: none"> • Activity completion reports • Photographs and session logs • Stakeholder meeting minutes | <ul style="list-style-type: none"> • Schools cooperate with timelines • Field staff retained over project duration |

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| | <ul style="list-style-type: none">• Monitor and conduct endline survey in Year 5 | | |
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