

GNHA Strategy Plan: "Protection" (Empowerment, Rehabilitation, and Social Relief)

German Nepalese Help Association (GNHA)

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1. Introduction

This strategy plan aligns with GNHA's vision, mission, and objectives, focusing on **social relief, empowerment, and rehabilitation** for **Dalit girls, young women, spinal injury patients and vulnerable people during emergency** in Nepal. The project contributes to **SDGs 1 (No Poverty), 3 (Good Health), 4 (Quality Education), 5 (Gender Equality), 10 (Reduced Inequalities), and 16 (Peace & Justice)**.

Vision

To improve the life chances and outlook of underprivileged people in Nepal.

Mission

To empower marginalized communities by expanding access to **education, livelihood opportunities, social protection, relief, and rehabilitation**, promoting dignity, inclusion, and long-term resilience.

2. Goals & Objectives

Goals

- Improve access to education (SDG 4) for Dalit girls and young women.
- Provide vocational skills for self-sufficiency and employment.
- Support community-based rehabilitation for spinal injury patients.
- Promote social inclusion and equity.
- Deliver timely social relief during emergencies.

Objectives (Yearly Targets)

❖ Education & Empowerment

- Support **325 Dalit girls/young women** in formal education, vocational training, technical education and higher education.
- Conduct **life skills, career guidance, and job placement** programs.
- Provide **menstrual health education, sanitary kits, and health insurance**.

❖ Rehabilitation

- Support **5 spinal injury patients** with medical, mental, and social rehabilitation.
- Provide **5 wheelchairs** and modify **8 homes** for accessibility.

❖ Social Relief

- Deliver **emergency aid** (food, shelter, medical support) in disaster-affected areas.

❖ Family & Community Development

- Empower **100 families** through livelihood training, counseling, and cooperative support.

3. Action Plan

A. Empowerment of Dalit Girls & Young Women

Education Support

- Enroll & retain **325 Dalit girls/year** in schools/vocational programs.
- Distribute **educational materials**.
- Conduct **career counseling & job placement** initiatives.

Life Skills & Rights Awareness

- Train on **child rights, civic responsibilities, and gender equality**.
- Provide **menstrual health education & sanitary kits**.
- Offer **health insurance** for girls and families.

Family & Livelihood Strengthening

- Conduct **anti-domestic violence counseling**.
- Support **cooperatives & micro-enterprises** for financial independence.

B. Rehabilitation of Spinal Injury Patients

Medical & Psychological Support

- Fund **medication, physiotherapy, and mental health care** for **5 patients/year**.
- Provide **5 wheelchairs/year**.

Accessibility Modifications

- Modify **8 homes/year** (ramps, railings, accessible toilets and kitchens).

C. Social Relief in Emergencies

Disaster Response

- Provide **food, shelter, medical aid, and hygiene kits** in crisis-affected areas.

4. Monitoring & Evaluation (M&E)

Monitoring

◆ Field Visits:

- **5 school visits/year + 2 home visits/year** per beneficiary.
- **4 inspections/home modification project**.

Remote Monitoring:

- Calls, photos, and video updates from partners.

Stakeholder Engagement:

- **Annual joint monitoring** with local authorities.
- **GNHA conducts 4 inspections/year** for spinal injury rehab.

Evaluation

Third-Party Assessments:

- **Mid-term & final evaluations** by Social Welfare Council (SWC).
- **Impact study by third party**

Reporting

Quarterly & Annual Reports:

- Implementing partners submit **activity & financial reports**.

GNHA submits **comprehensive reports** to donors (DNH, German Embassy, Nepali Govt).

5. Budget & Sustainability

- **Funding & Disbursement**
- **Quarterly budget release** (against verified expenses).
- **Flexible reallocation** (with GNHA approval).

Sustainability Strategies

Government Collaboration:

- Partner with **local municipalities** for long-term support.

Income-Generating Initiatives:

- **Self-help groups, cooperatives, and micro-enterprises.**
- **Fair trade & skill-based entrepreneurship.**

Community Ownership:

- Gradual **handover to families/local authorities** post-project.

6. Phase-Out Strategy

Stakeholder Involvement:

- Beneficiaries & local leaders in **exit planning**.

Knowledge Sharing:

- **Disseminate final reports** to donors and government.

Ownership Transfer:

- Shift responsibility to **families, cooperatives, and local bodies.**

7. Conclusion

GNHA's "**Protection**" strategy ensures **sustainable empowerment, rehabilitation, and relief** for Nepal's most vulnerable. By focusing on **education, accessibility, and emergency response**, GNHA fosters **gender equality, poverty reduction, and social inclusion**. Continuous **M&E** ensures impact, while **community partnerships** guarantee long-term success.

Next Steps:

- Finalize partnerships & funding.
- Launch pilot programs in target districts.
- Monitor progress & adjust strategies as needed.